# The Hatboro Troop 3 Annual Family Ski Night Bear Creek Ski Area Friday, January 2, 2015 4:00 PM till 10:00 PM

#### IF YOU ARE RENTING EQUIPMENT, PLEASE READ THE FOLLOWING VERY CLOSELY!

Available online at; http://www.bcmountainresort.com/forms-releases, are the liability release forms for anyone that is renting Ski or Snowboard equipment. These are downloadable, printable forms that can be used by everyone who is renting ski or snowboard equipment or helmets. You can download the form from the web site and give the signed forms to me at the meeting. (Please ensure that all minors renting equipment have this form signed by their parent or guardian) You must complete the Rental Agreement and Liability Release form for each person in your party who needs to rent equipment. By returning the completed liability release forms with the bottom half of this form and your payment; you will expedite the rental process when you arrive at Bear Creek.

<u>TUBING:</u> Everyone going Tubing must fill out a Tubing Release Form and of course Parents must sign the form for tubers under 18 years old. A copy of the tubing release form is available for download on their website at http://www.bcmountainresort.com/forms-releases. Please note that the Tubing time is from **6 PM until 9 PM**. Participants must be at least 6 years old and 42" tall. Bear Creek offers single rider tubes only. Tubing availability is limited and may sell out. Tickets ordered in advance through the Troop **guarantee** you a spot. Ski and Snowboard boots are not permitted to be worn while snow tubing.

<u>HELMETS:</u> Helmets are <u>Mandatory for Scouts</u>, recommended for Adults. Helmet liability releases are also downloadable, printable forms at; http://www.bcmountainresort.com/forms-releases.

Please follow these instructions very carefully as any incomplete forms will add time to your rental process.

# This form, the rental/liability forms and payment must be returned as soon as possible but no later than the Troop meeting on Monday, December 22, 2014.

If you have any questions e-mail Garry Pfeil at gmpfeil@hotmail.com

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Name	Lift only	Lift & Ski Rental	Learn to Ski/Board (Discovery*)	Learn to Ski/Board (Discovery PLUS*)	Tubing 6:00 – 9:00 PM	Helmet Rental		Snow Sports Merit Badge
	\$28.00	\$55.00	\$71.00	\$90.00	\$24.00	\$9.00	Total	_
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<sup>\*</sup>Discovery Program includes only lower beginner lifts, Discovery PLUS includes all lifts.

<u>Directions to Bear Creek:</u> Take route #309 North to Quakertown. Turn left on route #663 South (at the old Trainer's Corner). Follow route #663 to Pennsburg (about 3 miles past the Turnpike). Turn right on route #29 North for about 5 miles to route #100 (intersection with a traffic light). Continue straight across Route #100 for 4 miles on Seisholtzville Road and the entrance for Bear Creek is on the left. You can enter the following address into your GPS: 101 Doe Mountain Lane, Macungie, PA 18062. Bear Creek Phone 1-866-754-2822, Garry Pfeil's Cell Phone 215-519-3058.

# **Visitors Guide & Safety**

#### What Should I Wear?

In order to make your first skiing or snowboarding experience a success, follow these tips for what to wear:

- Dress in layers. Weather conditions tend to change throughout the day.
- Wear waterproof or water-resistant clothing whenever possible.
- Wear only one pair of warm woolen or synthetic socks that come up at least to mid-calf so that they extend above the top of your ski or snowboard boots. (Cotton socks are not recommended.) Do not tuck your pants into your boots.
- Wear waterproof gloves or mittens. (Woolen gloves or mittens are not recommended.)
- Bear Creek recommends that skiers and snowboarders wear helmets (available for rent at the mountain). However, if you do not, be sure to bring a warm hat.
- Wear sunscreen, and don't forget goggles or sunglasses for eye protection.

#### What Should I Do When I Arrive?

We realize that your first visit to a new resort can be a bit overwhelming. This guide should assist you with any questions you may have, but please feel free to ask any staff member if you have additional questions or concerns.

- Bear Creek offers plenty of free parking. There is a loading/unloading area immediately in front of the plaza near the rental shop and ticket windows. Complimentary shuttle service from the parking lots is available on weekends and holidays.
- Your first stop should be the Mountain Eatery, located on the upper floor of the Lodge. Look for someone from Troop 3 (probably me) and we will have your lift tickets, rental tickets, Discovery lift/lesson/rental packages, or snow tubing tickets. When you receive your tickets, please attach them immediately to your jacket or outerwear.
- If you are renting equipment, you can proceed across the plaza to the rental shop after purchasing your rental or lift/lesson/rental package tickets. Please remember that minors must have the signature of a parent or guardian in order to rent equipment. (Releases can be downloaded here.)
- If you are enrolled in a Discovery lesson or a Youth Discovery lesson, you can proceed to the Discovery teaching area located at the base of the mountain (just off the Plaza) after receiving your rentals. The Discovery area is open from 6pm-8:30pm. You may enter and begin your lesson anytime during open hours.
- When you're ready for a break, you can relax in our mountainside lodge featuring large stone fireplaces, or dine at the Mountain Eatery, the Trail's End Café or our full-service restaurant, The Grille at Bear Creek.

#### **Should I Take a Lesson?**

We recommend that all beginner/novice skiers and snowboarders take lessons. We also offer a variety of lesson programs and packages designed to enhance your skiing or riding enjoyment at any level of experience. Our <a href="Discovery and Youth Discovery packages">Discovery packages</a> include your lift ticket, rental equipment, and beginner/novice lesson. Our <a href="Kodiak Rangers">Kodiak Rovers</a> children's packages combine half-day lessons with extended day rentals and extended day lift tickets. If you are an experienced skier or snowboarder, we will tailor <a href="Private Lessons">Private Lessons</a> to meet your needs. Our popular <a href="Women's Clinics">Women's Clinics</a> provide specialized instruction for women by women.

# **How Does the Rental System Work?**

Bear Creek Mountain Resort & Conference Center offers top of the line rental equipment, including Head® and Burton® Snowboards, and Atomic®, Rossignol®, and Salomon® Skis.

**Boots:** You will receive your boots first. The rental technician will use your street shoe size to assure that you get the proper fit. Your boots should feel quite snug around your foot, but not too tight. Once your boots are buckled or closed, you should be able to wiggle your toes, but your heel should not move excessively when you pull up. If your boots feel too loose or too tight, please let the technician know, and you will be provided with a different size. Next, you will receive your skis or snowboard.

**Skis:** Our skis are expertly tuned and waxed. Bindings mounted on top of your skis hold your boots onto the skis. Your bindings will be adjusted according to your weight, height, age, and ability level. You will also be issued ski poles. You should select poles that put your elbow at about a 90 degree angle with the pole planted in the snow. (Sizing instructions are posted near the pole bins, but ask a technician if you are unsure.)

To step into your skis, place the ledge on the front of your boot under the front part of the binding or "toe piece," then line up your heel with the back of the binding or "heel cup" and press down with the heel of the boot. To remove your skis, simply press down on the lever located at the back of your bindings with your ski pole tip and lift up on the heel of your boot.

**Snowboards:** Our technicians will choose the right snowboard for you based on your weight, height, and ability level. They will also use this information to set the position of your bindings, which hold your boots onto your snowboard. Bear Creek uses only strap-in bindings, which contain two straps and a high backplate to secure your feet to the snowboard. These bindings offer good control and comfort.

#### **SAFETY**

Whether on the slopes or in the parks, we want everyone to have a safe and enjoyable snowsports experience. Please respect all of our guests and team members, and help us to maintain a friendly, courteous, and relaxing atmosphere.

There are inherent risks involved in skiing and snowboarding, but it is the thrill and excitement that entices many skiers and riders to pursue these sports. These activities are no more dangerous than other high-energy participation sports, and less dangerous than some common activities. However, they are challenging and require physical skills that are only learned over time and with practice. Bear Creek is committed to the safety of all our guests, but remember, safety starts with you. Following the Responsibility Code will allow everyone to be safer while having fun with friends and family on the slopes.

# **SKI PATROL**

Founded in 1938, the National Ski Patrol is a professional organization of trained emergency rescuers dedicated to service and safety at ski and snowboard resorts nationwide. Bear Creek Mountain Resort's nationally recognized ski patrol consists of over 100 paid and volunteer members. They patrol the mountain to promote safe skiing/riding and will be there should something go wrong.

Ski patrol members can be recognized by their distinctive bright red jackets with a white cross. The slopeside Bear Creek Ski Patrol treatment room is in the mountain operations building directly behind the rental shop. For more information, contact the Bear Creek Ski Patrol at <a href="https://www.bearcreekskipatrol.org">www.bearcreekskipatrol.org</a> or the <a href="https://www.bearcreekskipatrol.org">National Ski Patrol</a>.

# Your Responsibility Code

- Always stay in control, and be able to stop or avoid other people or objects.
- People ahead of you have the right of way. It is your responsibility to avoid them.
- You must not stop where you obstruct a trail or are not visible from above.
- Whenever starting downhill or merging onto a trail, look uphill and yield to others.
- Always use devices to prevent runaway equipment.
- Observe all posted signs or warnings. Keep off closed trails and out of closed areas.
- Prior to using any lift, you must have the knowledge and ability to load, ride and unload safely.

# **Smart Style**

- Make A Plan: Every time you use Freestyle Terrain, make a plan for each feature you want to use. Your speed, approach and takeoff will directly affect your maneuver and landing.
- Look Before You Leap: Scope around the jumps first, not over them. Know that your landings are clear, and clear yourself out of the landing area.
- Easy Style It: Start small and work your way up.
- Respect Gets Respect: From the lift line through the park.